



Programme

The Big Silence

Exploring spirituality reflecting on the BBC Series
'The Big Silence'

In this series Abbot Christopher Jamison believes that he can teach five ordinary people the value of silent meditation so they can make it part of their everyday lives.

We will take six Tuesday evenings to watch extracts from 'The Big Silence' to see where they will take us.

Venue – 101 Hesketh Road, Yardley Gobion,
NN12 7TX

Dates, Times and Theme

Tuesday 12th June 2018

7.00pm for 7.30pm will begin with an evening meal together – *for this we will need to know*

- 1. if you are coming*
- 2. if you have any special dietary requirements
i.e. vegan, vegetarian, gluten free etc.*

Please email mindfulnesspractice@btinternet.com
or Telephone: 01908 542289

Tuesday 19th June 2018

7.30pm

Theme – **Silence**

Tuesday 26th June 2018

7.30pm

Theme – **This or That?**

Tuesday 3rd July 2018

7.30pm

Theme – **Scripture and Prayer**

Tuesday 10th July 2018

7.30pm

Theme – **The Examen**

Tuesday 17th July 2018

7.00pm for 7.30pm

Theme – **Empowered**

we will end our Tuesday evenings together with a final evening meal – *so for this we will again need details – see Tuesday 12th June*



Final worship will take place at the
'Sunday@Six'
service on 22nd July in St Leonard's Church
Yardley Gobion NN12 7TN